

2027 Annual Wellness Requirements

5 Steps to be in GPA's Wellness Program



All Wellness Requirements are open July 20 through November 6.

1 Online 2027 Wellness Agreement

Located on Healthgram's website (members.healthgram.com) for employee only.

2 Health Risk Assessment HRA

Located on Healthgram's website for both employee & covered spouse.

Employees and spouses will need to log in to Healthgram's website (members.healthgram.com). Enter the username and password you created at your first Health Risk Assessment login. If you've never logged in, click on the "Need to Register?" link underneath the login button. For assistance with the portal, contact Healthgram Customer Service at 1-866-904-9081.

3 Screening Biometrics & Lab Work

Employee & covered spouse can complete 1 of 2 ways

Hamilton Convenient Care will be at ARP Terminal on September 16 from 6:30 to 9:30am. To make an appointment, please contact Chris Bullock at 706-459-8049.

or

Primary Care Physician - Results can be provided to Employee Health Services only on the Health Screening form available at Employee Health Services.

4 Screening Tobacco/Nicotine

Tobacco/Nicotine results will be pulled from the Health Risk Assessment (HRA). Onsite cotinine mouth swab screening will be during onsite vision screenings for employees only.

After all above requirements have been completed, call 912-964-3870 to schedule your Wellness Evaluation.

5 Wellness Evaluation

GPA's Nurse Practitioner will complete Evaluations for all employees.

Deadline is 11.6.26



HealthgramTrax, found at members.healthgram.com, will track all your wellness requirements to make sure you and your spouse (if applicable) have completed all necessary requirements to qualify for your premium discount.

