

2027 Annual Wellness Requirements

5 Steps to be in GPA's Wellness Program



All Wellness Requirements are open July 20 through November 6.

1

Health Risk Assessment HRA

Located on Healthgram's website for both employee & covered spouse.

Employees and spouses will need to log in to Healthgram's website (members.healthgram.com). Enter the username and password you created at your first Health Risk Assessment login. If you've never logged in, click on the "Need to Register?" link underneath the login button. For assistance with the portal, contact Healthgram Customer Service at 1-866-904-9081.

2

Online 2027 Wellness Agreement

Located on Healthgram's website (members.healthgram.com) for employee only.

3

Screening Biometrics & Lab Work

Employee & covered spouse can complete 1 of 2 ways

St. Joseph's/Candler Screening located in the HR Training Center. Available screening dates and times located on back. Go to <https://SJCHS.as.me/GPA>

or

Primary Care Physician – Results can be provided to Employee Health Services only on the Health Screening form available at Employee Health Services.

4

Screening Tobacco/Nicotine

Employee can complete 1 of 2 ways

St. Joseph's/Candler Screening located in the HR Training Center.

or

Employee Health Services if employee goes to a primary care physician

After all above requirements have been completed, call 912-964-3870 to schedule your Wellness Evaluation.

5

Wellness Evaluation

**GPA's Nurse Practitioner will complete Evaluations for all employees.
Deadline 11.6.26**



HealthgramTrax, found at members.healthgram.com, will track all your wellness requirements to make sure you and your spouse (if applicable) have completed all necessary requirements to qualify for your premium discount.



Waterfront Wellness Onsite Screenings are in the HR Training Center.

Dates	Times
Thursday, July 30	05:30 - 09:45
Wednesday, August 5	05:30 - 09:45
Wednesday, August 12	05:30 - 09:45
Wednesday, August 19	05:30 - 09:45
Thursday, August 27	05:30 - 09:45
Thursday, August 27	16:00 - 18:30
Friday, September 4	05:30 - 09:45
Friday, September 11	05:30 - 09:45
Tuesday, September 15	05:30 - 09:45
Tuesday, September 15	16:00 - 18:30
Friday, September 25	05:30 - 09:45
Wednesday, September 30	05:30 - 09:45
Thursday, October 8	05:30 - 09:45
Friday, October 16	05:30 - 09:45
Wednesday, October 21	05:30 - 09:45
Thursday, October 29	05:30 - 09:45



Schedule Your Appointment



Scan the QR Code or
visit <https://SJCHS.as.me/GPA>
to schedule your appointment.



Free \$25 Amazon Gift Card

**For the first 400 employees that
complete ALL requirements**

With over 900 GPA employees being enrolled in
our Wellness Program, we encourage you to take
advantage of finishing your requirements early.